

Self Defense Class for Women

Date: Thursday, November 19

Time: 6:00 pm – 10:00 pm

Location: Chumash, Right Wing

Price: \$10.00 donation to SARP Center suggested

Details: Interactive instruction and practical training

Wear comfortable clothing and athletic shoes

Only **40** spaces available so register early

How to register: Contact Jess Hawley

Sexual Assault Recovery & Prevention Center of SLO County

805-545-8888 or education@sarpcenter.org



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